



# Hill & Saks News

Behavior Therapy Providers for Individuals with Developmental Disabilities

Fall 2010

## Agency News: Transition to C. Saks Behavior Therapy Services



We would like to announce that Hill & Saks Behavior Therapy Services will

now be known as C. Saks Behavior Therapy Services. Christina Hill has taken a position as the Northeast Regional Behavioral Specialist with DDSD. We wish Christina a warm farewell and are excited to be able to continue working

with her in this field. Claire Saks will assume full ownership of the agency under this new name. During this period of transition, agency operations will continue without disruption.

Agency behavior support consultants continue

**Margo Churchill, LPC**

**Anika Carrasco-Trujillo, LISW**

**Andrea Finch, LMHC**

**Cheryl Sciacca, LPC**

We will continue to provide the same quality care and service!

## New Contact Information

Director, Claire Saks, LPCC

Phone: (505) 690-7372

Fax: (505) 629-1580

Email:

[csaksbehaviortherapy@hotmail.com](mailto:csaksbehaviortherapy@hotmail.com)

Website:

[csaksbehaviortherapy.com](http://csaksbehaviortherapy.com)

The Hill & Saks, BTS contact information will remain intact during a transition period. All your inquiries can be forwarded as needed.

## Profiles of Success: Emily Gallegos Is a Natural at Photography



Emily Gallegos has enjoyed taking family photographs for years. She has always

recorded family celebrations with beautiful photographs. She recently discovered she has an eye for beauty in nature. She finds natural beauty in everyday scenes in her environment and snaps a photo. Her photography is artful, and with it she has

learned a lot of other skills. She uses a digital camera. She uploads her pictures onto her computer and organizes and files them. She even creates greeting cards with her photos and computer programs. She is currently working with her job coach to find employment which would showcase her wonderful talent and organizational skills.

Emily has artistic talent and uses it well. Thank you Emily for your creativity and inspiration!



Emily is quick to capture the beauty of a rainbow above her home!

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## Online Safety for Individuals with Intellectual Disabilities

Computers and the internet have expanded many individuals lives, especially those who can otherwise feel isolated. With increasing accessibility to laptops and internet, individuals with disabilities are getting online to email, use social networking sites like Facebook, to shop or simply search the web. However, there are risks to going online that we all must be aware of. Individuals with intellectual disabilities may also face special challenges. Individuals may be especially confused by online interactions that are friendly and enticing, not realizing that they are still dealing with strangers. Individuals can easily

become victim to email phishing schemes, cyberbullying, and sexual predators . While the internet can open doors and broaden experiences for many individuals with disabilities, it is important to understand the risks. Direct support professionals and family members of children and adults with developmental disabilities can help with online safety by talking about common rules:

- Never give out personal information like real name, address and telephone number
- Treat everyone you meet online as a stranger. Even though they may seem friendly they could be lying.

- Establish a "safe person" to talk to about online experiences, especially to help with monitoring for threatening or sexually explicit messages
- Never respond to messages that are threatening, obscene or cause discomfort in any way
- Use caution posting pictures on a website and never post sexually explicit pictures online
- Inform internet providers of suspicious activity
- Never arrange a meeting alone

Online interactions can be fun and enriching but caution is primary to safety!



### **C. Saks**

#### **Behavior Therapy Services**

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