

C. Saks BTS News

Behavior Therapy Providers for Individuals with Developmental Disabilities

Spring 2011

Agency News

We at C. Saks Behavior Therapy Services (formerly Hill & Saks BTS) continue our commitment to quality work and excellence in the field of behavior support consultation. We have provided support for our clients without interruption during our recent transition. As you may know, Claire Saks

has assumed full ownership of our agency under its new name. Our behavior support consultants continue: Margo Churchill LPC, Anika Carrasco-Trujillo LISW, Andrea Finch LMHC, Cheryl Sciacca LPCC. Our team remains dedicated, professional, and proud to serve the diverse community of people with disabilities.

C. Saks, BTS has transitioned over to new contact information:
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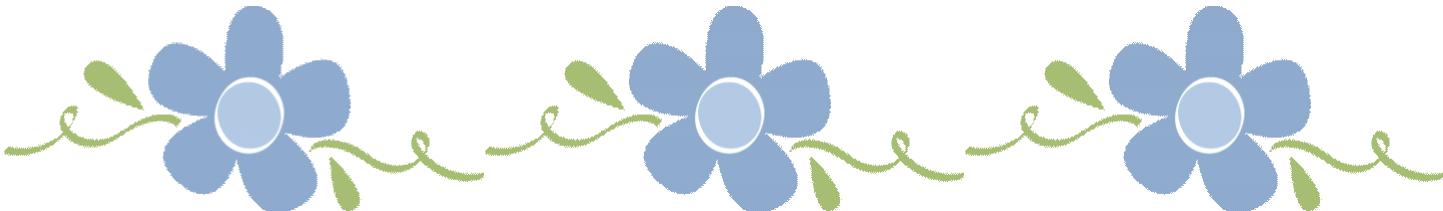
Profile of Success: Becky Elmhorst is a Social Butterfly on the Move

Becky Elmhorst has dreamed of getting a dog as a companion for many years. This past year, her dream became a reality when she became a caretaker for Moka, a rescue from a shelter in Albuquerque. Becky, in learning to care for her new dog, has shown she is responsible, proud and loving. It has opened new doors for positive social interaction as Becky and Moka alike greet their many new friends.

Becky was also recently hired by the Arc of New Mexico as a co-facilitator for the Rights and Advocacy class. This position is a good fit for her as it will showcase her natural leadership qualities, knowledge, and positive attitude. Congratulations, Becky—you are a mover and a shaker!



Becky and Moka at Christmas!



Winter Weather Tips and Lessons

This winter in New Mexico, we saw extreme cold temperatures which impacted our access to natural gas and water. As people who work with those with disabilities, we are especially mindful of the impact that this type of extreme weather can have. As we have seen, it is very important to have a safety plan for a situation such as freezing temperatures. This includes a plan for emergency accommodations and access to heat and hot water. It is also important to consider that staff members may not be

able to travel to work and others may need to stay on the job.

Stories of people stepping up to help during times of crisis are a true inspiration. There were staff members who worked around the clock, bringing much needed blankets and other supplies. The emotional support provided in this time of crisis was perhaps the most crucial element. Those who support people with disabilities are aware of the stress that unexpected situations can cause. There

were many people in the community who made sure that their clients not only had access to a home with a warm bed and running water, but who also provided an environment of safety and security. These actions demonstrate a spirit of community and service to one another.



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